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The University of Ioannina Counselling Centre (Part 1). A critical view on current situation and prospects: Filling the gap.

The primary aim of the University Counselling Services is to promote students' mental health. In order to achieve that, certain actions are usually taken relevant to primary prevention objectives. The purpose of this presentation is to describe the actions undertaken by the University of Ioannina Counselling Centre from a critical point of view. In this context, we would like to reconsider our objectives and discuss possible limitations as well as certain prospects to meet future challenges.