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Confessions of a Counseling Student: Studying as a Teacher at Thessaloniki's Counseling School (A.S.PE.T.E.)

The diverse professional and educational backgrounds of counselors is said to be one of the strongest and weakest points of the counseling profession. This becomes apparent at Thessaloniki's Counseling School (PESYP) when one takes into account the makeup of the student population and the different paths and expectations that led each student to the decision to study counseling. Focusing on those students that work as state school teachers, we aim to set off on an introspective journey that will reveal how experiencing this course of studies has changed us personally and professionally, affected our attitudes and perceptions at school, and motivated us to further seek out and set developmental tasks in our own lives. Hopefully, it will become obvious that the amazing thing about counseling studies is that not only do they offer a professional outlet to any students that decide to follow this course but they also are a source of personal inspiration.