

Maria – Ioanna Argiropoulou

Counselling Center for Students at the University of Athens: Function, Services and Activities

Student Counseling constitutes an internationally acknowledged institution, inseparably connected with the overall function of Universities. The Counselling Centre for Students at the University of Athens was established in 1990 and is officially a part of the Department of Psychology of Athens University. The major goal of the Centre is to offer psychological counselling namely, to help and support the students from all departments of Athens University to effectively face the problems that they may encounter during university life. This presentation will provide an overview of the Student Counselling Centre's Services and highlight important activities that extend beyond counselling, such as research and supervised clinical practice of postgraduate students. The challenges of such a broad range of activities as well as the implications for student counselling will be discussed. Ways of reaching and involving a greater number of students as well as obtaining adequate funding to secure the proper function of the Centre will also be considered.