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The development of a Counseling Center at Neapolis University Pafos

In June 2001, the American College Counseling Association (ACCA) published a revised version of the College Counseling Advocacy Booklet which encompasses the importance of counseling centers at universities, the impact of counselors and all the benefits of such a presence (i.e. lower risk of dropping out, better adjustment, etc). The Counseling Center for Psychological Support and Research was developed at Neapolis University Pafos with two main goals: 1) provide psychological support to any of the students of the university and help them achieve the most of their potential and 2) provide a state of the art training center for the graduate-level students in Counseling Psychology. In developing this Center, there were several aspects that needed to be addressed and included, but not limited to, location, structure of the center, the center as a welcoming and friendly place for students and the community while being a training site as well, the type of training, theoretical orientation, the use of mentors and supervisors, the model of supervision used, etc. These aspects and challenges will be addressed and discussed.