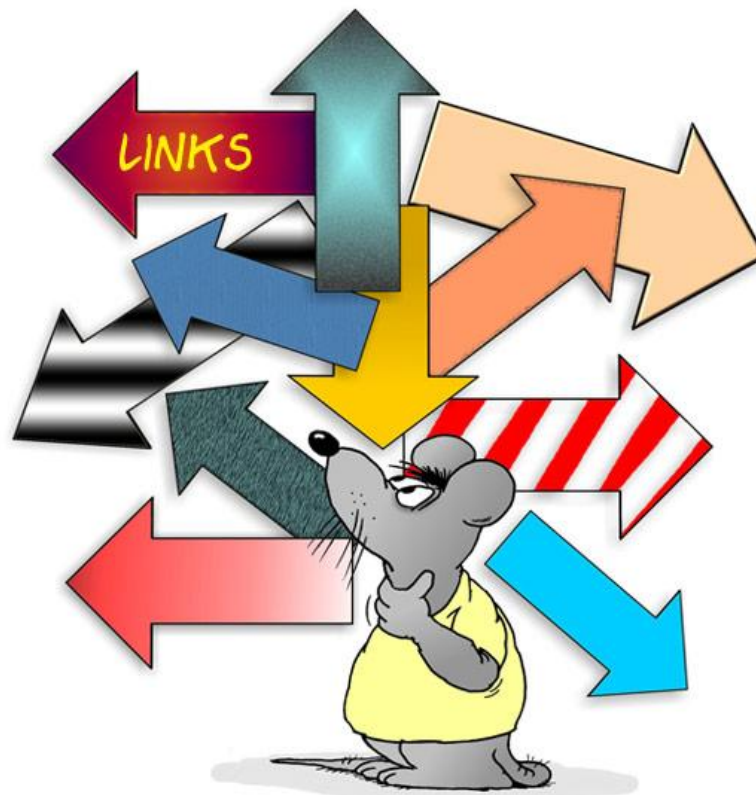


RISKS AND CHANCES OF THE SO-CALLED *PEER COUNSELING*



CONTENTS

- About me
- Definitions
- In comparison
- Given chances of the methods
- Risks of this method
- Interaction
- Useful vocabulary counselling as a peer counsellor
- How do to survive?



WHO AM I?

- Born in 1981
- interpreter and translator 2007
- Part in the team for student support for students with disabilities
 - Main tasks:
 - Organisation of assistance at University
 - Generate responsible for (technical) accessibility for students with disabilities



DEFINITIONS

coun·sel (kounsl)n.

1. The act of exchanging opinions and ideas; consultation.
2. Advice or guidance, especially as solicited from a knowledgeable person. See Synonyms at [advice](#).
3. A plan of action.
4. Private, guarded thoughts or opinions: keep one's own counsel.
5. A lawyer or group of lawyers giving legal advice and especially conducting a case in court.

(<http://www.thefreedictionary.com/counseling>)



IN COMPARISON...

Peer counseling, one of the services most commonly provided by centers for independent living, is a uniquely different type of intervention. The difference lies in the fact that peer counseling is provided by nonprofessional persons who have a disability. This approach assumes that individuals who have experienced a disability can better understand and relate to individuals trying to deal with their disability. Additionally, it promotes a wellness model which considers the clients to be normal, as opposed to a medical model which considers clients to be sick. Clients are referred to as “consumers,” reinforcing the wellness model.

(http://www.ilru.org/html/publications/readings_in_IL/boundaries.html)



GIVEN CHANCES OF THE METHODS

- basic knowledge is given
- further information are (better?) known
- distinction between useful and less useful information
- (good?) feeling of being understood



RISKS OF THIS METHOD

- Counsellor is a so-called everything knowing person
- Counsellor has a bleak pressure to keep him or herself updated
- Counsellor changes to everything understanding person
- Counsellor changes to a friend of the informed person



INTERACTION

Peer people



Non peer
people



USEFUL VOCABULARY COUNSELLING AS A PEER COUNSELLOR

- As far as I know...
- In my opinion...
- In your position I would...
- I know not to know exactly your situation, but...



HOW TO SURVIVE?

- **Keep distance**
- **Do not be distanced**

Otherwise.....



